

Day Four



For these assignments today, please think of a specific situation in which you would like to exude more presence.

Assignment #1:

In order to exude presence it is important to be very clear about your goals, your message, and your purpose. What are your goals, your desired outcomes, in this situation?

Assignment #2:

What is the message that you would like to convey to those around you?

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Assignment #3:

How does this (these) goal(s) and your message fit together with your life's purpose?

Assignment #4:

When you have clarity of purpose and message, how does that change the situation around you?

Assignment #5:

When you have clarity of purpose and message, how does that change how people react to you?
